Silver Spring Child Care Center

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Tips for preparing your child to return to SSCCC $\stackrel{\longleftarrow}{\bigcirc}$

- 1. Re-establish Routines: Please review SSCCC's modified daily schedule. Try having your child mimic it as much as possible, with focus on the meal and rest times.
- 2. Establish sleeping habits that were in place prior to the Covid closure.
- 3. Talk with your child on what to expect when they return. Conversations will vary depending on your child's age and ability to fully understand. You are welcome to drive by the center, step out with your child, and walk around to the front where our playground is located. This is where families arrive for drop off and pick up. Explain that temporarily you will be saying your goodbyes (and happy hellos! at 4pm) at the white door. Teachers will be explaining these changes are temporary and in place to keep everyone safe!
- 4. Have your child practice wearing their masks throughout the day.
- 5. Share what you will be seeing on Class Dojo! Teachers will be posting pictures and videos throughout the day to keep you connected. This could be a very cool conversation starter over dinner . You are also able to send messages to the teachers.
- 6. Your pediatrician is always a valuable partner and resource. In this new phase with your little ones, feel free to reach out to them for guidance. Speaking of which, please do ensure your child's immunization scheduled is up to date.
- 7. I am sharing the daily health screening questions so you perform the first one at home. If your child has a fever or you answer yes to the symptoms or exposure question; please stay home until your child feels better.